



Management Committee

Samden Lama- Chairperson
Chandra Prasad Timilsena- Member
Sarad Adhikari- Member
Shiv Chandra Sah- Member
Ram Prasad Koirala- Member

Mahendra Bahadur Thapa- Member
Om Rajbhandari- Member
Nirmal Kumar Pradhananga- Member
Dr. Pramod Bahadur Shrestha- Member
Dr. Kailash Kumar Bhandari- Member Secretary



NDA- Nepal Orthopedic Hospital

Khagendra New Life Center

Gokarneshwor Municipality, 06, Jorpati, Kathamandu, Nepal

Tel: +977- 1-4911725, 4911274, 4910505

Email: neporth@mos.com.np, Website: www.noh.org.np



Center of Excellence for
Orthopaedic and Trauma Care



NOH STAFF

Doctors

S. No.	Name	Designation
1	Dr. Kailash Kumar Bhandari	Medical Director
2	Dr. Mukti Nath Timilsina	Deputy Medical Director
3	Dr. Yubaraj Kharel	Sr. Consultant Orthopaedic Surgeon
4	Dr. Prakash Gyawali	Sr. Consultant Orthopaedic Surgeon
5	Dr. Samyukta Acharya	Sr. Consultant Anesthesiologist
6	Dr. Suneel Badgami	Consultant Anesthesiologist
7	Dr. Rachit Sharma	Registrar Orthopaedic Surgeon
8	Dr. Rajiv Prasad Shrestha	Registrar Orthopaedic Surgeon
9	Dr. Sujan Man Singh	Registrar Orthopaedic Surgeon
10	Dr. Anil Ghimire	Registrar Orthopaedic Surgeon

S. No.	Name	Designation
11	Dr. Mandeep Karki	Registrar Orthopaedic Surgeon
12	Dr. Anish Gyawali	Registrar Orthopaedic Surgeon
13	Dr. Samir Karki	Registrar Orthopaedic Surgeon
14	Dr. Rama Shankar Gupta	Medical Officer
15	Dr. Sumit Lohia	Medical Officer
16	Dr. Bijendra Dangol	Medical Officer
17	Dr. Sarthak Nepal	Medical Officer
18	Dr. Sripur Manandhar	Medical Officer
19	Dr. Abash Regmi	Medical Officer

Nursing staff

S. No.	Name	Designation
1	Meena Gurung	Matron
2	Suman B.C.	Nursing Officer
3	Anita Gurung	Nursing Officer
4	Meena Thapa	Sister
5	Rolina Karki	Sister
6	Sita Tripathi	Sister
7	Kalpana Pant	Sr. Staff Nurse
8	Srijana Sapkota	Sr. Staff Nurse
9	Anita Budathoki	Sr. Staff Nurse
10	Santoshi Mali	Sr. Staff Nurse
11	Reniya Shrestha	Sr. Staff Nurse
12	Tara Ghimire	Sr. Staff Nurse
13	Kalpana K.C.	Sr. Staff Nurse
14	Merina Karki	Sr. Staff Nurse
15	Sony Lama	Sr. Staff Nurse
16	Luna Bhattra	Sr. Staff Nurse
17	Sita Dahal	Sr. Staff Nurse
18	Babita Karki	Sr. Staff Nurse
19	Pratima Gautam	Sr. Staff Nurse
20	Bhawana Shrestha	Sr. Staff Nurse
21	Aruna Maharjan	Sr. Staff Nurse
22	Sachina Khadka	Sr. Staff Nurse
23	Roshani Maharjan	Sr. Staff Nurse

S. No.	Name	Designation
24	Sambina Shrestha	Sr. Staff Nurse
25	Sushma Shrestha	Sr. Staff Nurse
26	Anju Tachamo	Sr. Staff Nurse
27	Binita Zimba Lama	Sr. Staff Nurse
28	Sunita Nepal	Sr. Staff Nurse
29	Sangita Upadhyaya	Staff Nurse
30	Jaya Kuinkel	Staff Nurse
31	Binita Thapa	Staff Nurse
32	Sujata Gurung	Staff Nurse
33	Sadikshya Bata Shrestha	Staff Nurse
34	Smriti Adhikari	Staff Nurse
35	Rupa Dhungana	Staff Nurse
36	Pabina Baral	Staff Nurse
37	Bandana Pudasaini	Staff Nurse
38	Shristi Tamang	Staff Nurse
39	Rachana Mainali	Staff Nurse
40	Prakriti GC	Staff Nurse
41	Rashila Simkhada	Staff Nurse
42	Khusboo Thapa	Staff Nurse
43	Smrity Tamang	Staff Nurse
44	Asha Kathayat	Staff Nurse
45	Chinta Devi Oli	Staff Nurse
46	Shila Lamichhane	Staff Nurse



**Technical Staff**

S. No.	Name	Designation
1	Ramesh Sada	Sr. Physiotherapist
2	Suraj Khanal	Physiotherapist
3	Alok Kumar Jha	Sr. Physiotherapy assistant
4	Goma Thapa	Sr. Physiotherapy assistant
5	Rakshya KC	Physiotherapy Assistant
6	Narendra Kr. Chaudhary	Radiographer Officer
7	Amit Kumar Gautam	Radiography Technologist
8	Ratna Bdr Shahi	Sr. Radiographer
9	Manju Rishi Jaisi	Sr. Radiographer
10	Prakash Simkhada	Radiographer
11	Sushil Maharjan	Sr. Dark Room Operator
12	Shyam Maharjan	Sr. Dark Room Operator
13	Kshitij Gartoulla	Pharmacist
14	Bina Upadhyaya	Sr. Pharmacy Assistant
15	Radhika Khagi	Sr. Pharmacy Assistant
16	Chandra Jyoti Shakya	Sr. Pharmacy Assistant
17	Anil Shrestha	Sr. Pharmacy Assistant

S. No.	Name	Designation
18	Dinesh Basnet	Sr. Pharmacy Assistant
19	Subindra Shakya	Pharmacy Helper
20	Dhurba Giri	Sr. Electrician
21	Som Pd. Upadhaya	Sr. Biomedical technician
22	Ramesh Sapkota	Sr. Plumber
23	Pawan Kumar Chhetri	Lab Technologist
24	Suman Silwal	Sr. Lab Technician
25	Roshani Ghimire	Sr. Lab Technician
26	Sudhir Chandra Adhikari	Lab Technician
27	Ram Shrestha	Sr. Lab Assistant
28	Sushmita Shrestha	Lab Assistant
29	Laxman Gyawali	Sr. CMA
30	Kailash Chandra Lama	Sr CMA
31	Kedar Raj Giri	Sr CMA
32	Sudeep Chalishe	Sr CMA
33	Bikash Joshi	Sr CMA

Administrative Staff

S. No.	Name	Designation
1	Shyam Psd Rupakheti	Chief Administrator
2	Saroj Satyal	Sr. Account Officer
3	Dhiraj Mainali	Sr. Administrative Officer
4	Ghanashyam Neupane	Housekeeper
5	Sangita Thakuri	Office Assistant
6	Suman Bhandari	Office Assistant
7	Harikala Kandel	Office Assistant
8	Bivek Kr. Pokharel	Office Assistant

S. No.	Name	Designation
9	Sitaram Dangal	Office Assistant
10	Sujita Singh	Office Assistant
11	Puja Bhattarai	Office Assistant
12	Himal Singh Lama	Office Assistant
13	Dil Bd. Thapa	Sr. Driver
14	Badri Khadka	Sr. Driver
15	Ramu Khanga	Sr. Driver

Housekeeping Staff

S. No.	Name	Designation
1	Sabitri Dulal	Sr. Helper
2	Rajan Dulal	Sr. Helper
3	Dharma Das Chaudhari	Sr. Helper
4	Til Maya Gautam	Sr. Helper
5	Parbati Karki	Sr. Helper
6	Nayandra Baral	Sr. Helper
7	Lok Nath Badal	Sr. Helper
8	Pabitra Timilsina	Sr. Helper
9	Krishna Kumari Ghimire	Sr. Helper
10	Devlal Pode	Sr. Helper

S. No.	Name	Designation
11	Kumari Majhi	Sr. Helper
12	Manahari Dahal	Sr. Helper
13	Dharma Raj Ghimire	Sr. Helper
14	Rama Damai	Sr. Helper
15	Gopal Pudasaini	Sr. Helper
16	Ramu Khanga	Sr. Helper
17	Radhika Acharya	Sr. Helper
18	Kedar Nath Poudel	Sr. Helper
19	Ajita Karki	Sr. Helper
20	Bhakta Bdr. Karki	Sr. Helper

S. No.	Name	Designation
21	Ramila Shrestha	Sr. Helper
22	Rama Pandit	Sr. Helper
23	Meena Choudhari	Sr. Helper
24	Saraswati Chalishe	Sr. Helper
25	Bharat Kr. Lama	Sr. Helper
26	Saraswati Uprety	Sr. Helper
27	Laxmi Chaulagain	Helper
28	Yemu Maya Magar	Helper
29	Brindha Sharma Bhandari	Helper



MAJOR EVENTS 2022

1. Congratulating and welcoming newly elected chairperson and members of NDA- Nepal Orthopedic Hospital.

Nepal Orthopedic Hospital, Medical Director Dr. Kailash Kumar Bhandari Congratulates and welcomed newly appointed Chairperson and other members at NOH.



2. Happy International Nurses Day 2022.

Nepal Orthopedic Hospital Celebrated International Nurses Day and praised the contribution of Nursing staffs of Hospital for quality services delivery and supporting the hospital to bring hospital to present condition.



3. NDA- Nepal Orthopedic Hospital strategic planning workshop 2022

NDA- Nepal Orthopedic Hospital conducted strategic planning of hospital on Date: 10th September 2022, Venue: Hotel Tibet International.

PART 1 : Presentation The presentation was facilitated by Dr Pramod Bahadur Shrestha (PH.D., ENGINEERING MANAGEMENT, UNIVERSITY OF ALBERTA, CANADA) where he outlined different aspects and information about strategic planning.

Some of the major agendas discussed were:- The purpose of strategy and Strategic Planning, Future aspects of Hospital expansion, vision of hospital, strength, weakness, opportunities and threat of Nepal Orthopaedic Hospital in the presence of BoDs, various stakeholders and Hospital Staffs.



4. Meeting with Secretary of Ministry of Health

Dr. Prakash Gyawali, Consultant orthopaedic surgeon of NDA- Nepal orthopaedic Hospital with secretary of MoHP.

NOH had discussion with MoHP regarding OP Walk programme at Hospital.





5. Operation Walk Chicago Camp at NOH

Total Knee Replacement camp with generous support from Operation Walk Chicago was organized from 2079 Ashoj 24 to 28 where altogether 43 knee surgeries were conducted in the camp.

NDA- Nepal Orthopaedic Hospital is highly thankful for the support from Operation walk Chicago, USA and expect similar gesture in forthcoming years so that patient shall get benefitted.

Nepal Orthopaedic hospital with its competent and experienced Doctors also serves TKR services throughout the year to the patient in need.



6. Appointment of New Medical Director of Hospital:

Congratulations Dr. Kailash Kumar Bhandari for being New Medical Director of NDA- Nepal Orthopaedic Hospital effective from 2079/09/16. We wish for his successful tenure. Hope under your leadership hospital will achieve new height in the field of orthopaedic and trauma services and hope further more areas of specialties shall get added under the umbrella of NDA- Nepal Orthopaedic Hospital.

NDA- Nepal Orthopaedic Hospital Thanks Dr. Yubaraj Kharel (Former Medical Director, Sr. Consultant Orthopaedic Surgeon) for his tireless effort and contribution as Medical Director for the tenure of 4 years for upliftment of hospital.



7. MoU between Gokarneshwor Municipality and NDA- Nepal Orthopaedic Hospital:

MoU between Gokarneshwor Municipality and NDA- Nepal Orthopaedic Hospital for providing orthopaedic services to permanent residence of Gokarneshwor Municipality on subsidized rate.



8. Rotary club International President Jennifer E. Jones Visit at Nepal Orthopaedic Hospital

On 5th December 2022 Rotary Club International President Jennifer E. Jones visited Nepal Orthopedic Hospital. She planted Night Jasmine (Parijat) at Hospital Premises where various dignitaries from various Rotary Clubs of Nepal were witnessing the event.



9. 24th Anniversary Celebration:

In this year Nepal Orthopaedic Hospital celebrated one more decade of success with formal ceremony.

Hospital director thanked all the staffs for their efforts on smooth running of the hospital.

After the formal program, as usual fruits and juices were distributed to the patients.



10. Wheel Chair Donations from various Rotary Clubs

A. Rotary Club of Kasthamandap has generously donated wheelchairs to the Nepal Orthopedic Hospital. The donations made by the club are just the need of the time. Salute to the donations made by the Rotary Clubs. We believe the ventures continues in the times to come. We are thankful to the gesture made by ROTARY CLUB OF THE KASTHAMANDAP.



B. The Rotary Club of Pashupati, Kathmandu has generously donated wheelchairs (seven) to the NOH today. This year has been the second year in a row. Humbled to accept the donated wheelchairs to our needy patients. The NOH highly appreciates and acknowledges the humanitarian services of the Club. And the NOH believes this gesture keeps continuing in the time to come.



11. Appointment of Full time Senior Consultant Anesthesiologist:

NDA- Nepal Orthopaedic hospital welcomes Dr. Samyukta Acharya as senior Consultant Anesthesiologist and HOD of Anesthesia Department.

We wish him all the best for his successful tenure at NOH.



12. NDA- NOH vehicle Puja



13. Donation of blankets from Hope Worldwide:

We express our sincere gratitude to Dr. Rajesh Rajbhandari and team for 50-piece Blankets donation to NDA- Nepal Orthopaedic Hospital. We hope for similar gesture in upcoming days.



14. Donation of 2 Ton AC for Emergency Department:

NDA- Nepal orthopaedic Hospital is highly thankful upon Mr. Siddhartha Bikram Thapa for his generous support by donating 2 Ton AC that had been installed at Emergency Department of Hospital. We hope for similar gesture in upcoming days too.



Report of Free Orthopedic Surgical Camp at Baitadi

Free Orthopedic Surgical Health camp

Baitadi District Hospital, Gothalapani Baitadi

(31st march 2022- 8th April 2022)



Place: Baitadi District Hospital, Dasharathchand municipality Gothalapani, Baitadi, Sudurpashchim Province (Far-West Province) Nepal
Organized by: Nepal Orthopaedic Hospital, Jorpati Kathmandu

Co-sponsored by: Med-Solution Foundation, Switzerland
Local Partner: Baitadi District Hospital, Gothalapani Baitadi.
Coverage Area: Baitadi and nearby Districts.

ACKNOWLEDGEMENT

We are heartily thankful to all the local and international partners for all their supports and effort for making this project successful. We would like to express our sincere thanks to all the member/advisors, local health workers/ volunteers, staffs, the political parties, security personals, local administrations, journalist and the entire community for their active involvement and participation. We have been able to expand our working areas and obtain the optimum success on the mission goals because of the involvement and all round support of the entire team. We would like to thank Dasarathchand Municipality for all the support provided for making this camp successful. We would also like to thank all the Administrative, medical and health worker team of Baitadi District Hospital for their continuous help and support during the entire camp Last Special thanks to Nick Simons Institute for providing skilled human resource to support the camp. Last but not the least Med Solutions Foundation Switzerland for all unconditional love and help for successful accomplishment of this camp.



INTRODUCTION

Baitadi District a part of Sudurpashchim Province (Far-West Province) is one of the seventy-seven districts of Nepal. The district with Dasharathchand as its headquarters, covers an area of 1,519 km² (586 sq mi) and has a population of 250,898. The Baitadi district have 10 local units; 4 Municipalities (Dashrath Chand, Patan, Melauli and Purchudi) and 6 Rural Municipalities (Surnaya, Sigas, Shivnath, Pancheshwor, Dogada Kedar and Dilasaini). Baitadi falls into the farthest western regional district of Nepal touching Jhulaghat, India, Nepal's neighboring country to its border.

Nepal Orthopaedic Hospital is one of the best trauma center situated at Narayantar, Jorpati Kathmandu Nepal. Since early days, this hospital has been doing free surgical camps in different remote districts of Nepal, as a

social responsibility to the community and to help poor and needy patients who are suffering from their deformity, disability and who are not able to nearby cities for their treatment due to financial and geographical reasons.

The health camps provided by NOH are a comprehensive health camp type where Operation Theaters are set up in the district hospital by the visiting team from the NOH and perform orthopaedic and trauma surgery, and second one is a simple health camp type where patients are seen on an outpatient basis and necessary advice and medicines are prescribed, which are distributed free of cost to the patients.

As a part of its regular activities, this year free surgical camp was organized by Nepal Orthopaedic Hospital in association with Med-Solutions Foundation, Switzerland at District hospital, Baitadi from 31st March to 8th April 2022.

The Team

► Surgical team

- Dr. Yubraj Kharel (Senior Consultant Orthopaedic Surgeon, Medical Director, Team Leader, NOH)
- Dr. Katrin Hagen (Senior Hand Surgeon Switzerland, Director Med-Solutions Foundation)
- Dr. Samyukta Acharya (Senior Consultant Anesthesiologist, NOH)
- Dr. Anil Ghimire (Registrar Orthopaedic Surgeon, NOH)
- Dr. Niran Maharjan (Hand and plastic Surgeon)
- Dr. Om Prakash Pandit (Orthopaedic Surgeon)
- Dr. Nirajan Shrestha (MDGP, Doti District Hospital)
- Dr. Sujit Shrestha (Medical Officer)
- Ms. Suman B.C (Nursing Supervisor)
- Ms. Luna Bhattarai (Sr.Staff Nurse)
- Ms. Babita Karki (Sr.Staff Nurse)
- Ms. Sushma Shrestha (Staff Nurse)
- Ms. Smriti Adhikari (Staff Nurse)
- Ms. Bina Aryal (Pharmacist)
- Ms. Meena Bam (Sr. ANM Doti District Hospital)
- Mr. Lok Nath Badal (OT Assistant)

► Logistical Support Team

Mr. Dhiraj Mainali (Senior Administrative Officer, NOH)



GOALS

1. To perform at least 50 free surgeries which include deformity correction, fresh trauma, hand/reconstructive surgery and implant removals.
2. To carry out at least 1100 OPD check-ups and provide all medicines and supplements free of cost.
3. To provide at least 100 steroid injections free of cost.
4. To publicize Nepal Orthopaedic Hospital as the best and cost effective center for Orthopaedic and Trauma Management.

PURPOSE OF THE CAMP

1. To provide free and comprehensive orthopaedic and trauma treatment to the poor and needy patients of Baitadi district, who are not able to go to big cities for their treatment.
2. Provide good opportunity to doctors and nurses to develop skills and practice of working in low facility setup.
3. To enhance local awareness about the damage prevention measures caused due to trauma and thereby preventing and controlling deformity and disability.
4. To provide an opportunity for local doctors and health workers to learn basic principles of trauma management which furthermore controls the deformity and disability in that area.
5. To provide adequate aid to needy patients who needs to be operated at Kathmandu.

Achievements of the camp

- A total of 1189 patient were seen in OPD among them 548 were Male and 641 were female Age Range from 1 year to 80 Years.
- Total of 87 patients were operated during the camp.
- Total of 14 OPD Closed reduction and Plaster Applications were done and 101 I/A and local steroids given.
- Patient mostly had age related orthopedic problems like back pain, multiple joint pain, osteoarthritis, Rheumatic Arthritis, Tennis Elbow, Adhesive Capsulitis etc. all the Surgical cases were screened and planned from OPD.

Schedule:

Day 1 (March 31st)

A team of 14 members led by Dr. Yubaraj Kharel, Senior Consultant Orthopedic Surgeon and hospital director of Nepal Orthopedic Hospital, took 7:35 am flight from Kathmandu to Dhangadi via Shree airlines which was delayed by 30 mins due to Air traffic and reached Dhangadi around 9:15 am.

OT logistics and medical supplies were sent by a transporter i truck with OT assistant Mr. Loknath Badal 3 days in advance. At Dhangadi airport a microbus was waiting for the team which was our mode of road transport for the camp driven by Santosh a local driver. At Dhangadi we were welcomed and felicitated with breakfast by Dhangadi NMA members with small programme. After breakfast we set off for Dadeldhura which was our stop for the day En-route there was a short stop at a local restaurant for lunch. After the lunch, we continued the journey admiring the beauty of the Mother Nature red Rhododendron Forest. On the way we took blessing of Ghatal Baba for the success of the camp finally we reached Dadeldhura at around 7pm and spent our night in Hotel Rato Gurans.

Day 2 (April 1st)

We headed for Baitadi at 7:30am in the morning after taking blessing from the goddess Ugratara the famous pilgrimage of far west which was on the way. We stopped for breakfast in between and continued our journey. We reached Baitadi around 2pm. We had short welcome programme arranged by our local partner then straightly we started to see the patients who were waiting for us

from the morning. Meanwhile the anesthetist, nursing staff and OT assistant were engaged in setting up OT facilities. We saw 70 cases and among them posted 10 cases for next day surgery which is the history in any NOH camp. We started a day earlier and could find good number of cases for Day 1 to start. The tired team went to hotel at around 7:00 pm after wrapping up the work for the day.

Day 3 (April 2nd)

After breakfast the team got ready for work started OPD and OT around 8:30 AM. Total of 300 patients were seen in OPD that day. On the other hand, operative team started surgery and a total of 16 surgeries were executed. The locals and Nepal Army Personnel volunteered to manage the crowds, queue and registration work.

Day 4 (April 3rd)

After breakfast, morning round and dressing was done. Routine OPD Check-up of 263 patients and 15 surgeries were performed.

Day 5 (April 4th)

After breakfast, morning round and dressing was done. Routine OPD Check-up was carried out and 19 surgeries were performed.

OPD Details of the day:

Total Patients: 242

Closed Reduction and Cast Applications: 4 cases
I/A and local steroid injections: 26 Cases



Day 6 (April 5th)

After breakfast, morning round and dressing was done. Routine OPD Check-up was carried out and 20 surgeries were performed

OPD Details of the day:

Total Patients: 208

Closed Reduction and Cast Applications: 1 case
I/A and local steroid injections: 29 Cases

Day 7 (April 6th)

After breakfast, morning round and dressing was done. Routine OPD was carried out 17 surgeries were performed. We finished our cases by 6pm and attended a farewell program by our local partners as with the chairman and board member of our hospital who travelled all the way from Kathmandu to encourage us at work

OPD Details of the day:

Total Patients: 101

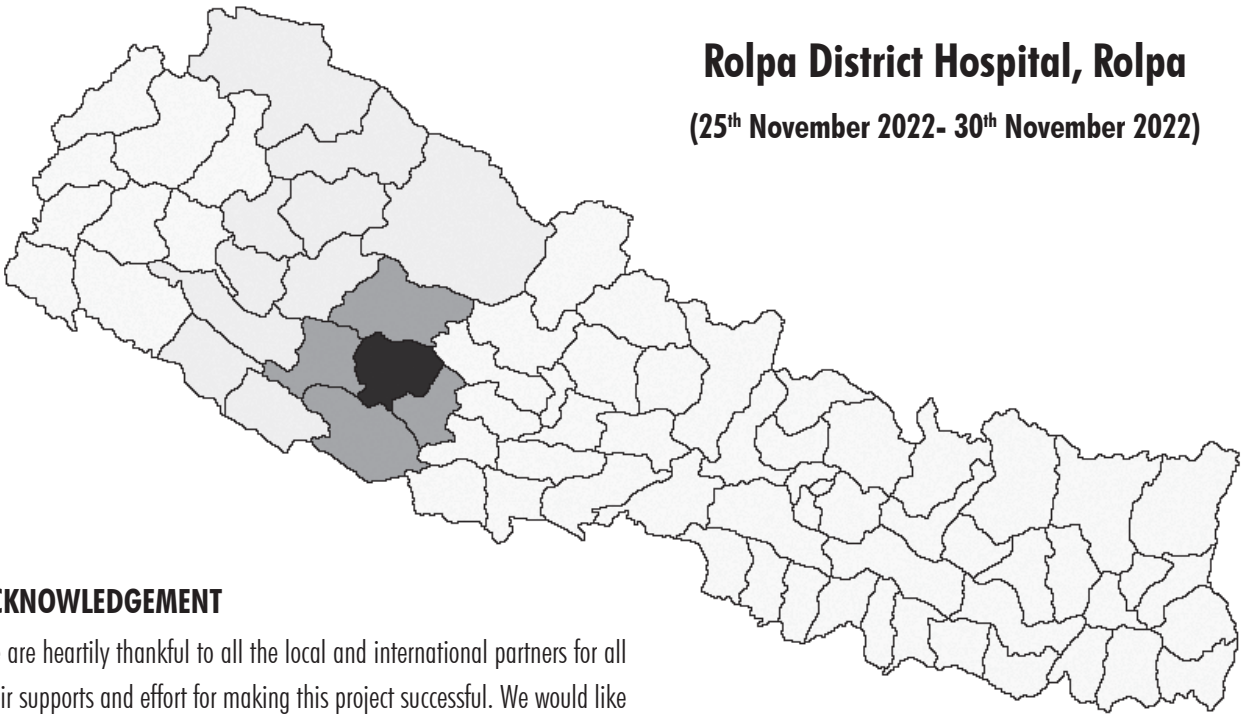
Closed Reduction and Cast Applications: 2 cases
I/A and local steroid injections: 10 Cases



Free Orthopedic Surgical Health camp

Rolpa District Hospital, Rolpa

(25th November 2022- 30th November 2022)



ACKNOWLEDGEMENT

We are heartily thankful to all the local and international partners for all their supports and effort for making this project successful. We would like to express our sincere thanks to all the member/advisors, local health workers/ volunteers, staffs, the political parties, security personals, local administrations, journalist and the entire community for their active involvement and participation. We have been able to expand our working areas and obtain the optimum success on the mission goals because of the involvement and all round support of the entire team. We would like to thank Rolpa Municipality for all the support provided for making this camp successful. We would also like to thank all the Administrative, medical and health worker team of Rolpa District Hospital for their continuous help and support during the entire camp Last Special thanks to Nick Simons Institute for providing skilled human resource to support the camp. Last but not the least Med Solutions Foundation Switzerland for all unconditional love and help for successful accomplishment of this camp.

INTRODUCTION

Rolpa is a "hill" district some 280 km west of Kathmandu in Lumbini Province of Nepal's Mid-Western Region. Rolpa covers an area of 1,879 km² with population (2001) of 210,004. Livang is the district's administrative center. Districts of Lumbini Province. By Nepalese standards, Rolpa is an underdeveloped area plagued by low life expectancy (52 years) and poverty (averaging about \$100 per capita). It was a major flashpoint in the 1996-2006 Civil War. Adjoining districts are Dang to the south, Pyuthan to the east, Salyan to the west and Rukum to the north. Before the unification of Nepal by Prithvi Narayan Shah in 1769 Rolpa was a buffer between the Chaubisi confederation of small kingdoms to the east and the Baise confederation to the west. VDCs in Rolpa Most of Rolpa is rugged highlands populated by the indigenous which are conflicted by government Kham Magar nationality. The highlands are drained southward by the Mardi Khola (stream) from a complex of 3,000 to 4,000 meter ridges about 50 kilometers south of the Dhaulagiri Himalaya. This mountainous barrier historically isolated Rolpa



by encouraging travelers between India and Tibet to detour to follow easier routes to the east or west, while east-west travelers found easier routes to the north or south. Irrigated ricefields along the Mardi Khola are of limited extent because it has a narrow inner gorge. Those that exist are monopolized by Pahari Bahun khetri and Newars, leaving the indigenous Magar Kham with upland fields unsuited to rice cultivation. Upland harvests of maize, millet and barley are invariably insufficient and so Rolpa has chronic food deficits. Food deficits have driven upland Kham into growing market crops better suited to the terrain than grain, although marketing fruit and vegetables beyond adjacent districts was hampered by lack of roads. As long as marijuana and charas (hashish) were legal in Nepal they were grown and processed in Rolpa and sent to Kathmandu to be sold in government monopoly stores. However the government gave in to international pressure and stopped buying these products in 1976, causing the district to lose an important source of cash income. Kham also make ends meet by selling their labor. They work as agricultural laborers in other districts, as porters, as soldiers and as general laborers, but their input is devalued by Rolpa's underdeveloped education infrastructure. There is no post-secondary education in the district, and students who speak more Magar bhasha than Nepali are disadvantaged in primary and secondary education because Nepali is the medium of instruction and the national examination system selects against students who are not proficient in it. Without educational credentials Kham lack access to the more desirable jobs. The various grievances of Rolpa's population made the district ripe for revolt. It became a "Maoist Stronghold" of the Communist Party of Nepal.[1] In May 2002 a major battle between Maoist guerillas and the army was fought at Lisne Lekh near the Rolpa-Pyuthan border.

The Team

Surgical team

- Dr. Yubaraj Kharel (Senior Consultant Orthopaedic Surgeon, Medical Director, Team Leader, NOH)
- Dr. Katrin Hagen (Senior Hand Surgeon Switzerland , Director Med-Solutions Foundation)
- Dr. Sujan Man Singh (Registrar Orthopaedic Surgeon, NOH)
- Dr. Anish Gyawali(Registrar Orthopaedic Surgeon, NOH)
- Dr. Laxman Rijal(Orthopaedic and Hand Surgeon)
- Dr. Jeevan Tamang (Anesthesiologist)
- Dr. Sujit Shrestha (Medical Officer)
- Ms. Anita Gurung (Nursing Officer)
- Ms. Rolina Karki (Nursing Officer)

- Ms. Merina Karki (Sr.Staff Nurse)
- Ms. Sambina Shrestha (Staff Nurse)
- Ms. Bandana Pudasaini (Staff Nurse)
- Mr. Anil Shrestha (Pharmacist)
- Mr. Salyan Tamang (OT Assistant)

Logistical Support Team

- Ms. Puja Bhattarai (Administrative Staff)



PURPOSE OF THE CAMP

1. To provide free and comprehensive orthopaedic and trauma treatment to the poor and needy patients of Baitadi district, who are not able to go to big cities for their treatment.
2. Provide good opportunity to doctors and nurses to develop skills and practice of working in low facility setup.
3. To enhance local awareness about the damage prevention measures caused due to trauma and thereby preventing and controlling deformity and disability.
4. To provide an opportunity for local doctors and health workers to learn basic principles of trauma management which furthermore controls the deformity and disability in that area.
5. To provide adequate aid to needy patients who needs to be operated at Kathmandu.

GOALS

1. To perform at least 50 free surgeries which include deformity correction, fresh trauma, hand/reconstructive surgery and implant removals.
2. To carry out at least 1100 OPD check-ups and provide all medicines and supplements free of cost.
3. To provide at least 100 steroid injections free of cost.
4. To publicize Nepal Orthopaedic Hospital as the best and cost-effective center for Orthopaedic and Trauma Management.

ACHIEVEMENTS OF THE CAMP

- A total of 1146 patients were seen in OPD among them 548 were Male and 598 were female Age Range from 1 year to 80 Years.
- Total of 62 patients were operated during the camp.
- Total of 12 OPD Closed reduction and Plaster Applications were done and 138 I/A and local steroids given.
- Patient mostly had age related orthopedic problems like back pain, multiple joint pain, osteoarthritis, Rheumatic Arthritis, Tennis Elbow, Adhesive Capsulitis etc. all the Surgical cases were screened and planned from OPD.

SCHEDULE:

Day 1 (November 25th)

A team of 14 members led by Dr. Yubaraj Kharel, Senior Consultant Orthopedic Surgeon and hospital director of Nepal Orthopedic Hospital, took 8:30 am flight from Kathmandu to Bhairahawa via Buddha airlines which was delayed by 30 mins due to Air traffic and reached Bhairahawa around 9:20 am.

OT logistics and medical supplies were sent by a transporter i truck with OT assistant Mr. Salyan Tamang 2 days in advance. At Bhairahawa airport a winger (a kind of a mini bus) was waiting for the team which was our mode of road transport for the camp. We left from Bhairahawa airport around 10 am and had a stop for breakfast at Lumbini at around 10:30 am. We had a quick breakfast and continued our Journey we reached Dhankhola at arund 1:30 PM where we stopped for lunch, after the lunch we continued our journey and reached Rolpa at around 7 PM. We directly went to the Rolpa District hospital and checked the OT setup and OPD rooms. We met with the local Doctors and hospital staff and checked into a hotel at around 8:30 PM. We freshened up and had our dinner at around 9:30 PM and went to bed.



Day 2 (November 26th)

After breakfast the team got ready for work started OPD and OT around 8:30 AM. Total of 457 patients were seen in OPD that day. On the other hand, operative team started surgery and a total of 12 surgeries were executed. The locals, Nepal Police and Nepal Army Personnel volunteered to manage the crowds, queue and registration work.

Day 3 (November 27th)

After breakfast, morning round and dressing was done. Routine OPD Check-up of 355 patients and 18 surgeries were performed.

Day 4 (November 28th)

After breakfast, morning round and dressing was done. Routine 269 OPD Check-up was carried out and 17 surgeries were performed.



Day 5 (November 29th)

After breakfast, morning round and dressing was done. Routine 65 OPD Check-up was carried out and 16 surgeries were performed.

Day 6 (November 30th)

We had a breakfast around 7:00 AM and went to the hospital and had a round and dressing. We discharged almost all the patients except 2 and had a handover session with the doctors of Rolpa District hospital. We left the hospital at around 8:30 AM and went back to the Hotel. We packed our belongings and started our journey back to Kathmandu. We had a planned to visit Sworgaduvari on our way back which is located in pyuthan District. We reached Sworgaduvari at around 12:30 PM. We left from Sworgaduvari at around 2 PM and had our lunch on the way. We reached Lumbini at around 7:45 PM where we had a night stay at a hotel. Next day early morning we woke up, freshen up and went visit a holy place Lumbini (Birth place a lord Buddha). We visited various tempels made by different countries. We spend around 3 hours and after the visit we went for a lunch and went back to hotel to collect our belongings and went to Airport and by 2:30 flight (which was delayed) we returned back to Kathmandu.

CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Communitied Fracture Tibia and Fiibula Fracture Rt. Leg.

Surgery: CRIF With SIGN Nail on 2022-09-30

CHARITY: Rs.75,435 out of Rs.75,435

BACKGROUND:

Mr. Prakash Lama fifty-two years old patient from hetauda, makawanpur district presented to us with complains of pain and swelling and deformity over right leg from the day of presentation following fall from bridge while working as a labour. He underwent above mentioned surgery in NOH for his broken leg, as he had six members to feed at home with his labor work, he was unable to cover his treatment expenses so NOH provided him full charity for his treatment. wish his speedy recovery.

**Prakash Lama**

Age/Sex: 52yrs/Male

Address: Hetauda, Makwanpur

Charity No. : 1
I P NO: 22/1561**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Communitied Tibial Plafond fracture Rt. ankle with external fixator in situ with non healing wound

Surgery: Readjustment of Fixator, Ankle joint reconstruction and STSG

CHARITY: Rs.70, 505 out of Rs.2, 12,985

BACKGROUND:

Mr. Tara Kumar Shrestha a thirty five year old gentleman permanent resident of Sindhuli presented to us with ankle fracture and non healing wound Rt. Ankle following RTA (hit by tractor) six days prior to the presentetion he was managed at local centre with wound debridement and trans ankle delta frame fixation in ankle despite of treatment he was getting more pain, swelling, tenderness on right leg with infected wound hence presented to us for further management he underwent above mentioned treatment in our hospital took long hospital time and enermous effort he was discharged with generous Charity and good ankle.

**Tara Kumar Shrestha**

Age/Sex: 35yrs/Male

ADDRESS: Sindhuli

Charity No. : 2
I P NO: 22/102



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 3

I P NO: 22/791

Diagnosis: Non-Union shaft of Humerus fracture left with broken IMIL Nail in Situ.

Surgery: Broken Implant removal and ORIF with SF-DCP and autologous bone graft on 2022-5-25.

CHARITY: Rs.59,525 out of Rs.84,890

BACKGROUND:

Sita Sunar a sixty year old female patient from Dhading presented to us with complains of deformity over left arm since two years she has history of fracture shaft of humerus for which she underwent surgery (IMIL nail fixation) ten years back at our centre she did not showed for follow up due to poor economic condition. In the course of time, had has history of re-trauma (fall injury) two episodes before eight years and two years back respectively she neglected the pain and and didn't showed up now when pain and deformity was unbearable presented to us her clinical and radiological examination revealed non-union shaft of humerus fracture with broken IMIL nail in situ and under went above mentioned surgery. Keeping in accoount her conditon NOD decided to give Rs.59,525 out of Rs.84,890 charity and discharged her happily.



Sita Suna

Age/Sex: 60 yrs/Female

ADDRESS: Dhading

CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 4

I P NO: 22/550

DIAGNOSIS: Infected Non-Union Rt tibia fracture with Illizarov Ring fixator in situ.

PROVIDED SERVICES: Proximal Tibial Corticotomy and Bone transport

CHARITY: Rs.59,900 out of Rs.1,41,965

BACKGROUND:

Mr. Sandeep Singh is twenty eight years old male from Gaurighat, Kathmandu. He came here with the case of infected non-union right tibia fracture with ring fixator in situ. He underwent proximal tibial corticotomy. Bone transport on 2022-05-30 at our centre as he was student and had repeated procedures for his bone fracture he was provided with significant amount of subsidy in the index surgery in the form of charity.



Sandeep Singh

Age/Sex: 28yrs/Male

ADDRESS: Gaurighat, Kathmandu



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Communitated Fracture Rt. Distal Tibia and fibula (Gustilo IIIA)

Surgery: Wound debridement, K-Wire fixation and Illizarov Ring Fixatrion aom 2022-12-07

CHARITY: Rs.38, 290 out of Rs.1, 25,445

BACKGROUND:

Mr. Man Bahadur Bogati a fifty year old gentle man from Bode, Bhaktapur had scooter accident and presented to our hospital with pain, swelling and bleeding over wound right ankle. His clinical and radiological investigation showed the comminuted fracture on right distal tibia and fibula and was managed at our centre. He was a labour by profesion nas was economically poor hence HOH offered substantial financial Assistance in the form of charity for his treatment; he is doing good and under regular followup.

**Man Bahadur Bogati**

Age/Sex: 50yrs/Male

ADDRESS: Sindupalchowk.

Charity No. : 5
I P NO: 22/1881**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Fracture lateral end of clavicle left.

Surgery: ORIF with Hook plate and mini screw fixation on 2022-10-10

Charity: Rs.21, 895 out of Rs.66, 895

BACKGROUND:

Sumina Khatiwoda a twenty three years old female, permanent resident of Besigaun, Kathmandu presented to us with complains of pain over lt. shoulder region following alleged history of RTA She was diagnosed as Fracture lateral end of clavicle left and under went above mentioned surgery at our centre her economic condition was poor hence NOH provided significant charity in her treatment she was on regular follow up and underwent implant removal.

**Sumina Khatiwoda**

Age/Sex: 23yrs/F

Address: Kathmandu

Charity No. : 6
I P NO: 22/1651



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 7
I P NO: 22/1642

Diagnosis: Proximal 3Rd Shaft of Humerus Fracture left with ulnar styloid fracture

Surgery: ORIF with narrow DCP on 2022-10-17

CHARITY: Rs.35,720 out of Rs.56,720

BACKGROUND:

Jaya Prakash Rokaya a seventeen years old boy from Bajura far west Nepal was brought to our hospital with complains of pain, swelling and deformity of It arm following fall injury since 3 days of trauma. He underwent above mentioned surgery at our hospital as His family economic condition was poor and his father is a farmer supporting whole family hence NOH provided significant amount of charity in his surgery and was discharged happily he is on regular follow up at hospital and recovering.



Jaya Prakash Rokaya

Age/Sex: 17yrs/M

ADDRESS: Bajura.

CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 8
I P NO: 22/1393

Diagnosis: Radial Head fracture Rt.

Surgery: ORIF with Herbert screw on 2022-08-29

CHARITY: Rs.17,900 out of Rs.51,145

BACKGROUND:

Mr. Ramji Shrestha fifty two year old male, a permanent resident of Sundarijal, Kathmandu. He got injury in the right elbow after fall injury. He arrived to our hospital after three days after seeing local hospital he umder went above mentioned surgery in our hospital in a view of his financial contition NOH offered generous amount of charity and discharged patient happily.

Ramji Shrestha

Age/Sex: 52yrs/Male

ADDRESS: Sundarijal, Kathmandu



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Open Radius and Ulna fracture left forearm (Gustilo-I)

Surgery: ORIF with SF-DCP for fracture radius and ORIF with K-Wires for fracture ulna on 2022-09-12

Charity: Rs.23, 000 out of Rs.62, 695

BACKGROUND:

Mrs. Kali Tamang is a fifty nine year old single female from Sindhupalchwok presented to us with complains pain, swelling, deformity and wound over left forearm due to fall injury. She was admitted and underwent above mentioned surgery at NOH. As she was single mother lost husband in Earthquake and no one to support financially in her family NOH provided generous amount of charity in her treatment and discharged her happily.

**Kali Tamang**

Age/Sex: 59 yrs/Female

ADDRESS: Sindhupalchwok

Charity No. : 9
I P NO: 22/1486**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Communitated Fracture Rt. Distal Tibia and fibula (Gustilo IIIA)

Surgery: Wound debridement, K-Wire fixation and Illizarov Ring Fixatrion aom 2022-12-07

CHARITY: Rs.38, 290 out of Rs.1, 25,445

BACKGROUND:

Mr. Man Bahadur Bogati a fifty year old gentle man from Bode, Bhaktapur had scooter accident and presented to our hospital with pain, swelling and bleeding over wound right ankle. His clinical and radiological investigation showed the comminuted fracture on right distal tibia and fibula and was managed at our centre. He was a labour by profession nas was economically poor hence HOH offered substantial financial Assistance in the form of charity for his treatment; he is doing good and under regular followup.

**Man Bahadur Bogati**

Age/Sex: 50yrs/Male

ADDRESS: Sindupalchowk.

Charity No. : 10
I P NO: 22/1881

**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 11
I P NO: 22/238

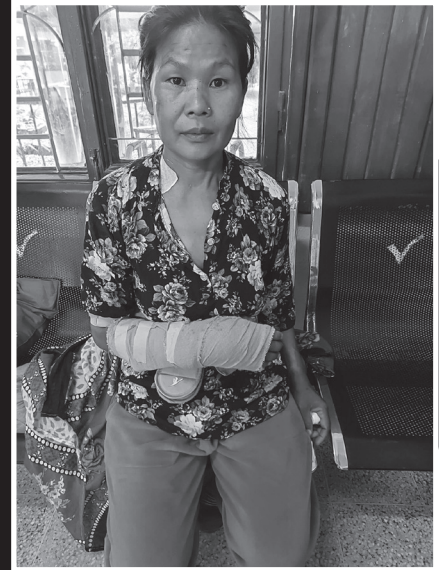
Diagnosis: S/P ORIF with TBW for Rt. ACJ with Implant Failure.

Surgery: Hardware removal and refixation with TBW on 2022-06-01

CHARITY: Rs.12, 365 out of Rs.25, 265

BACKGROUND:

Mrs. Sunita Thapa forty one year old lady from Gokarna, Kathmandu. Right ACJ dislocation, scapula fracture, perilunate dislocation on right and left radial head fracture. She underwent surgery three month back(ORIF with TBW for right ACJ dislocation) On follow-up examination, implant failure of right ACJ was found hence above mentioned surgery was done and considering her financial condition HOH offered her generous amount of charity in her treatment we wish her speedy recovery.

**Sunita Thapa**

Age/Sex: 41yrs/Female

ADDRESS: Gokarna

CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 12
I P NO: 22/1348

Diagnosis: Knight Stick fractures Lt. Forearm.

Surgery: ORIF with DCP on 2022-08-21

CHARITY: Rs.29, 360 out of Rs.59, 360

BACKGROUND:

Mrs. Ishwori Devi Aryal fifty eight year old lady from Chabahil, Kathmandu presented to us with complains of pain, swelling and deformity over Lt. Forearm since 10 days prior to the presentation following fall injury. She underwent above mentioned surgery at NOH. She received Significant amount of charity in her treatment at NOH.

**Ishwori Devi Aryal**

Age/Sex: 58yrs/Female

ADDRESS: Chabahil, Kathmandu



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

DIAGNOSIS: Re –pathological fracture S.T right Femur

Surgery: ORIF with k-wire

CHARITY: Rs 23000 out of Rs 49480

BACKGROUND

3yrs/Male known case of osteogenesis imperfecta he had fracture proximal femur 1 month ago also and was managed with hip spica at other center. Hip Spica was removed and patient was advised for weight bearing, his x-ray revealed Re – pathological ST-fracture right Femur. He was advised for surgery but his mother was not willing to go through with it because of the financial problem. The hospital assured to provide a subsidized treatment. Finally ORIF with k-wire was done on 2022/6/7. Patient was discharged with generous amount of charity in the treatment provided.

**Sujan Chaulagain**

Age/Sex: 3 yrs /male

ADDRESS: Okhaldhunga

Charity No. : 13
I P NO: 19/1685**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

DIAGNOSIS: Open fracture Proximal Tibia and Fibula Rt. Leg.

PROVIDED SERVICES: Wound debridement and Illizarov Ring Fixation .

CHARITY: Rs.28,960 out of Rs.94,140

BACKGROUND:

Ms. Tulsa Devi Adhikari is seventy four years old came from Bhojpur district. She presented to us with open proximal tibia and fibula fracture since 1 day prior to the presentation following fall injury. She underwent above mentioned surgery for the fracture and seeing her financial condition generous amount of charity provided by NOH. She was on regular follow up and her fracture was healed in 6 months and ring removed.

**Tulsa Devi Adhikari**

Age/Sex: 74yrs/Female

ADDRESS: Bhojpur

Charity No. : 14
I P NO: 22/363

**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Supracondylar fracture left Humerus

Surgery: CRPP with k-wires

CHARITY: Rs 11325 out of Rs 27325

BACKGROUND:

Patient presented to hospital with complains of pain and swelling over left elbow following history of fall on ground 8 days prior to presentation. As her family financial condition was not sound, she was assured of treatment under charity and was finally admitted for the surgery. She underwent CRPP with k-wire for the fracture. Significant amount of charity was given at time of discharge.

**Anushka Rai**

Age Sex : 9yrs/female

ADDRESS: Khotang

CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

DIAGNOSIS: Infected Non-Union Rt tibia fracture with Illizarov Ring fixator in situ.

PROVIDED SERVICES: Proximal Tibial Corticotomy and Bone transport

CHARITY: Rs.59,900 out of Rs.1,41,965

BACKGROUND:

Mr. Sandeep Singh is twenty eight years old male from Gaurighat, Kathmandu. He came here with the case of infected non-union right tibia fracture with ring fixator in situ. He underwent proximal tibial corticotomy. Bone transport on 2022-05-30 at our centre as he was student and had repeated procedures for his bone fracture he was provided with significant amount of subsidy in the index surgery in the form of charity.

**Sandeep Singh**

Age/Sex: 28yrs/Male

ADDRESS: Gaurighat, Kathmandu



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

DIAGNOSIS: S/C fracture right Humerus

.PROVIDED SERVICES: ORIF with k-wire

CHARITY: Rs 10290 out of Rs 35890

BACKGROUND:

Master Tamang presented to our hospital with the complain of painful swelling right elbow following fall injury while playing 2days prior to presentation. His parents could not afford the cost of surgery hence assessing the financial situation of the family NOH provided generous amount of charity in his treatment.

**Anup Tamang**

Age\ Sex: 5/Male

ADDRESS: Sindhupalchowk

Charity No. : 17
I P NO: 22/1304**CHARITY PROFILE**

NEPAL ORTHOPAEDIC HOSPITAL

Diagnosis: Communnited patella fractureLt. Knee.

Surgery: ORIF with TBW

CHARITY: Rs 30315 out of Rs 47815

BACKGROUND:

42 years old male presented to the hospital with alleged history of fall injury Sustaining injury to left knee resulting patella fracture while doing labour work he was admitted and underwent surgery at NOH with generous amount of subsidy in the form of charity.

**Chhai Rai Subba**

Age /Sex: 42 /M

ADDRESS: Jhapa

Charity No. : 18
I P NO: 22/1419



CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 19

I P NO: 22/623

DIAGNOSIS: Distal Tibia fracture (G-I) Lt leg.

PROVIDED SERVICES: CRIF with SIGN Nail

CHARITY: Rs.18,050 out of Rs.64,050

BACKGROUND:

Mr. Bhakta Bahadur B.K. is sixty-eight years male patient resident of Okhaldhunga district. Presented to us with Lt leg pain and deformity following fall injury he underwent above mentioned surgery at NOH with generous amount of charity.



Bhakta Bahadur B.K.

Age/Sex: 68yrs/Male

ADDRESS: Okhaldhunga

CHARITY PROFILE

NEPAL ORTHOPAEDIC HOSPITAL

Charity No. : 20

I P NO: 22/708

DIAGNOSIS: Supracondylar fracture Lt. Humerus.

PROVIDED SERVICES: ORIF with K-Wires on 2022-05-12

CHARITY: Rs29990 out of Rs 34990

BACKGROUND:

5yrs male patient from the remote hills in Sindhuli district from a very poor family was brought to us with his father for treatment of his broken Humerus at NOH he was admitted and underwent surgery He stayed in hospital for 8 days as he came a very poor family the hospital waived Rs 29990 charity out of the total bill of Rs 34990.

Parshant Tamang

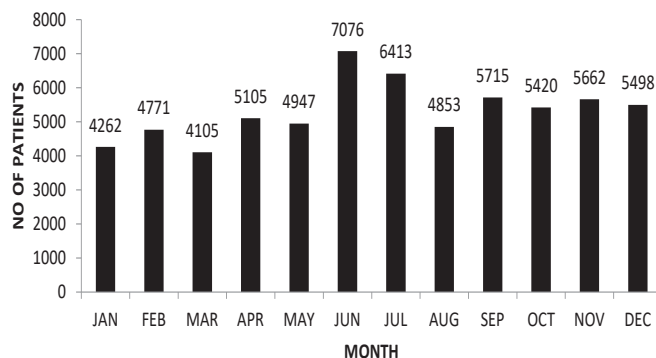
Age/Sex: 5 yr/Male

ADDRESS: Sindhuli



SN	Month	OPD	Emergency	Surgery
1	January	4262	330	204
2	February	4771	428	198
3	March	4105	383	218
4	April	5105	442	184
5	May	4947	407	220
6	June	7076	602	228
7	July	6413	656	216
8	August	4853	552	184
9	September	5715	815	205
10	October	5420	168	136
11	November	5662	568	204
12	December	5498	565	202
		63827	5916	2399

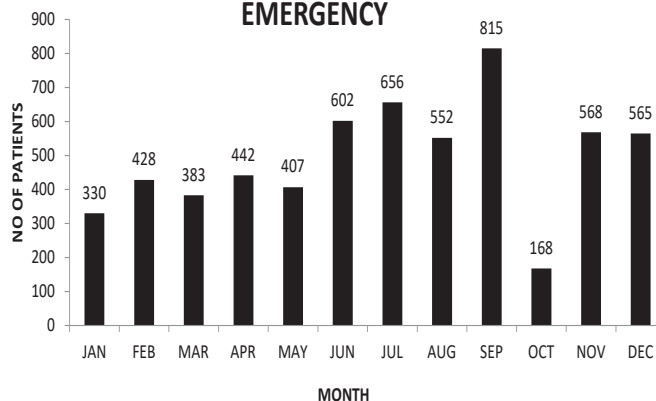
OPD



CHILD CHARITY

SN	Month	Patient	Total amount	Charity amount
1	January	14	374,734	55,227
2	February	13	267,090	7,500
3	March	12	423,325	50,697
4	April	7	243,745	22,655
5	May	13	404,795	75,145
6	June	10	337,620	63,790
7	July	7	198,125	20,870
8	August	10	32,660	44,725
9	September	9	308,610	25,435
10	October	6	135,520	17,147
11	November	21	734,485	86,275
12	December	8	200,935	13,105

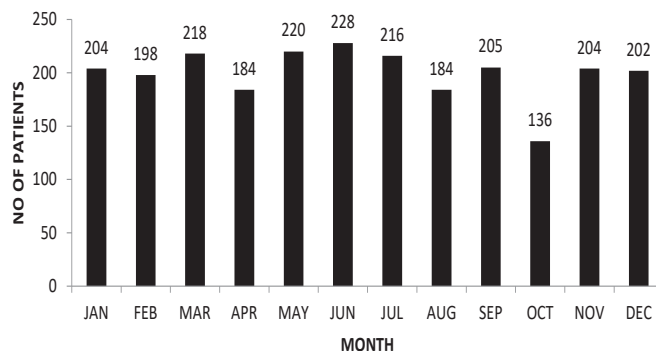
EMERGENCY



ADULT CHARITY

SN	Month	Patient	Total amount	Charity amount
1	January	57	3,483,935	286,927
2	February	118	2,477,985	243,827
3	March	80	3,485,780	505,137
4	April	65	2,986,295	378,082
5	May	65	2,076,040	253,325
6	June	59	2,415,880	251,322
7	July	96	3,413,290	297,041
8	August	91	2,563,095	319,883
9	September	82	2,575,320	314,567
10	October	42	1,967,550	304,115
11	November	71	2,899,815	238,629
12	December	83	3,245,055	309,860

MONTHLY SURGERY





NEPAL DISABLED ASSOCIATION
NEPAL ORTHOPAEDIC HOSPITAL
 Jorpati, Kathmandu, Nepal
Income & Expenditure Statement
 For the year Ended 32 Ashad 2079 (16 July 2022)

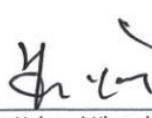
Particulars	Schedule	Current Year Amount in NRs.	Previous Year Amount in NRs.
Income			
Hospital Income	10	216,909,789.32	142,155,511.00
Other Income	11	8,326,293.79	7,076,601.48
Fund Received For Charity	12	1,899,175.00	1,431,000.00
Interest on Investments and Bank Deposits	13	8,070,042.00	6,885,513.76
Exchange Gain		-	216.27
Total		235,205,300.11	157,548,842.51
Expenditure			
Salary & Allowance and other Expenses	14	152,608,073.39	114,021,484.28
Hospital Supplies & Expenses	15	42,633,117.80	25,350,890.02
Administration Expenses	16	7,062,902.30	4,275,963.33
Repair & Renewal	17	4,550,865.90	3,636,036.91
Charity Expenses		7,163,791.05	4,028,995.00
Contribution Expenses		2,000,000.00	1,320,000.00
Depreciation	1	13,058,372.28	11,086,106.36
Camp Expenses		2,706,141.60	71,879.00
Exchange Loss		773.25	
Total		231,784,037.57	163,791,354.90
Excess Of Income Over Expenditure		3,421,262.54	(6,242,512.39)
			-
Surplus Transfer To Capital Fund		3,421,262.54	(6,242,512.39)

Significant Accounting Policies & Notes on Account

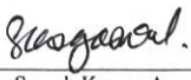
18

As per our attached report of even date,


 Mr. Saroj Satyal
 Account Officer


 Dr. Yubaraj Kharel
 Medical Director


 Mr. Dhana Juju Shrestha
 Chairman


 C.A. Suresh Kumar Agarwal
 For, S.K.M & Co.
 Chartered Accountants

Date: 2079.08.15
 Place: Kathmandu



**NEPAL DISABLED ASSOCIATION
NEPAL ORTHOPAEDIC HOSPITAL**

Jorpati, Kathmandu, Nepal

Cash Flow Statement

For the year Ended 32 Ashad 2079(16 July 2022)

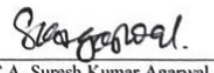
Particulars	Current Year Amount in NRs.	Previous Year Amount in NRs.
A. Cash flows from operating Activities		
Net Surplus before extraordinary item	3,421,262.54	(6,242,512.39)
Adjustment for:		
1. Depreciation & Amortization	13,058,372.28	11,086,106.36
2. Interest received	(8,070,042.00)	(6,885,513.76)
3. Adjustment in Home & Sick Leave Fund due to change in Previous Accrual Policy to Cash Basis	(1,148,323.00)	
4. Adjustment in Gratuity Fund due to change in Previous Accrual Policy to Cash Basis	20,864,888.00	-
Operating profit before working capital changes	28,126,157.82	(2,041,919.79)
1. Decrease (Increase) in Inventories	359,013.40	3,300,644.19
2. Decrease (Increase) in Accounts Receivable	(602,344.00)	2,797,703.52
3. Decrease (Increase) in Deposit	-	-
4. Increase (Decrease) in Current Liabilities	13,460,726.81	(48,912,159.58)
5. Increase (Decrease) in Medical & Gratuity Liabilities	(18,786,741.32)	13,238,105.00
Cash generated from operation	22,556,812.71	(31,617,626.66)
Interest Paid		
Net cash flow from operating activities	22,556,812.71	(31,617,626.66)
B. Cash flows from investing activities		
1. Interest received	8,070,042.00	6,885,513.76
2. (Purchase) of fixed assets	(38,895,272.70)	(14,726,959.62)
2. Sale of fixed assets	-	-
3. Decrease (Increase) in Investment	11,674,976.32	(23,233,064.20)
Net Cash used in investing activities	(19,150,254.38)	(31,074,510.06)
C. Cash flows from financing activities		
1. Increase (Decrease) in Fixed Assets Fund	28,988,223.96	10,000,000.00
Net cash flow from financing activities	28,988,223.96	10,000,000.00
Net increase (Decrease) in cash and bank (A+B+C)	32,394,782.29	(52,692,136.72)
Cash and bank balance at the beginning of the year	39,238,583.46	91,930,720.18
Cash and bank balance at the end of the year	71,633,365.75	39,238,583.46


Mr. Saroj Satyal
Account Officer


Dr. Yubaraj Kharel
Medical Director


Mr. Dhana Juju Shrestha
Chairman

As per our attached report of even date


C.A. Suresh Kumar Agarwal
For, S.K.M & Co.
Chartered Accountants



Date: 2079.08.15
Place: Kathmandu





**NEPAL DISABLED ASSOCIATION
NEPAL ORTHOPAEDIC HOSPITAL**

Jorpati, Kathmandu, Nepal

Balance Sheet

As at 32 Ashad 2079 (16 July 2022)

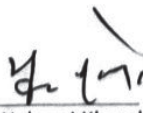
Assets	Schedule	Current Year Amount in NRs.	Previous Year Amount in NRs.
Non Current Assets:			
Fixed Assets	1	123,571,760.88	97,734,860.47
Investment	2	72,631,412.77	84,306,389.09
Current Assets:			
Closing Stock	3	7,943,675.25	8,302,688.65
Sundry Debtors and Advance	4	1,830,198.82	1,227,854.81
Deposits	5	109,000.00	109,000.00
Cash and Bank Balance	6	71,633,365.75	39,238,583.46
Total Assets		277,719,413.47	230,919,376.48
Capital & Liabilities			
Hospital Capital & Accumulated Reserves :			
Hospital Accumulated & Other Capital Reserves	7	187,543,550.22	135,417,498.72
Non Current Liabilities:			
Staff Gratuity Fund		46,615,138.68	66,705,003.00
Staff Medical Fund		2,340,600.00	2,185,800.00
Home leave & Sick Leave Payable Fund		15,289,850.00	14,141,527.00
Current Liabilities :			
Sundry Creditors	8	19,161,147.07	9,518,863.96
Patient Deposit		1,896,780.00	1,366,725.00
Provisions	9	4,872,347.50	1,583,958.80
Total Capital & Liabilities		277,719,413.47	230,919,376.48

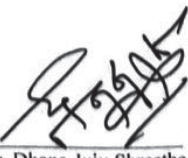
Significant Accounting Policies & Notes on Account

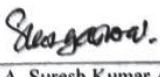
18

As per our attached report of even date,


Mr. Sanj Satyal
Account Officer


Dr. Yubaraj Kharel
Medical Director


Mr. Dhana Juju Shrestha
Chairman


C.A. Suresh Kumar Agarwal
For, S.K.M. & Co.
Chartered Accountants



Date: 2079.08.15
Place: Kathmandu



